

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 4 pm

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COMMUNITY DIRECTOR

Carol Gurgul

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ASSISTANT COMMUNITY MANAGER

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LEASING

Mon - Fri 9 am - 5 pm

Phone: (262) 288-9165

LEASING SPECIALIST

Tammy Peterson

MAINTENANCE

Mon - Fri 8 am - 4 pm

Phone: (262) 288-9165

Evenings & Weekends (AnSer)

EMERGENCIES ONLY (800) 263-6148

MAINTENANCE TEAM

Lee Spitz & Jacob Parks

HOUSEKEEPING TEAM

Sandy Wierzba & Sherry Hart

UPCOMING SPOTLIGHT EVENTS



Food Truck & Live Music

THURSDAY, SEPTEMBER 3RD, 11 AM-1 PM

BUILDING 3 PARKING LOT

Grab a delicious bite from the Baked N' Loaded Food Truck and settle in for live music by Gary Cross. Flavorful food, relaxing tunes and good company.



Fred Astaire Dance Class

MONDAY, SEPTEMBER 14TH, AT 11:30 AM

BUILDING 4 COMMUNITY ROOM

Step onto the dance floor with a fun and welcoming Fred Astaire Dance Class. Meet the instructors, learn a few moves, and enjoy some entertainment.



Coffee, Cops & Conversation

MONDAY, SEPTEMBER 21ST, AT 8:30 AM

BUILDING 4 COMMUNITY ROOM

Join us for a warm cup of coffee, a sweet morning treat and friendly discussion with the officers who serve the City of New Berlin community.



Heart Walk

FRIDAY, SEPTEMBER 25TH, AT 10 AM

BUILDING 4 PARKING LOT

Lace up your walking shoes and join the annual Heart Walk. Together, we will enjoy a morning of exercise and community spirit to help raise awareness for heart health.



Celebrations

TUESDAY, SEPTEMBER 29TH, AT 3:30 PM

BUILDING 4 COMMUNITY ROOM

Join us for a special celebration! Enjoy cake, ice cream, and coffee as we welcome our new residents and celebrate birthdays and anniversaries from June, July, and August.



RESIDENT REMINDERS

Yom Kippur Blessings

To all in our community observing Yom Kippur, we wish you a blessed and meaningful holiday.

Heroes and Healing on the 25th Anniversary of 9/11

Sept. 11, 2026, is the 25th anniversary of 9/11. In honor of the thousands of lives lost and changed forever, we pause to remember the many stories of hope, fortitude and survival commemorated by the 9/11 Memorial and Museum, which can be found at 911memorial.org.

Stories of Alzheimer's Disease

In observance of World Alzheimer's Day on Sept. 21, consider reviewing these books and movies to gain perspective and insight into the lives of those impacted by the disease.

"Still Alice." Author Lisa Genova's 2007 bestseller was made into a critically acclaimed movie in 2014. Julianne Moore won the best actress Oscar for her role as Alice Howland, a professor with early-onset Alzheimer's disease.

"We Are Not Ourselves." The New Yorker magazine called this novel by Matthew Thomas "the greatest Alzheimer's novel yet." Published in 2014, "We Are Not Ourselves" paints an intimate portrait of the Leary family's struggles as their beloved patriarch develops Alzheimer's.

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

Register to Vote!

Each September, National Voter Registration Day encourages eligible citizens to register to vote. Since 2012, over 6 million people have registered to vote on this day, allowing more voices to be heard on both national and local issues. Check your voter registration status at Vote.gov and make sure your information is up-to-date.

ONSITE & LOCAL SERVICES

Bible Study

COMMUNITY ROOM 1st & 3rd Tuesdays at 10 am

Rosary

COMMUNITY ROOM Thursdays at 6 pm

Spectrum and AT&T

CUSTOMER SERVICE SPECTRUM: (855) 757-7328

CUSTOMER SERVICE AT&T: (800) 321-2000

WE Energies

CUSTOMER SERVICE: (800) 242-9137

New Berlin Senior Taxi

MAIN PHONE: (262) 814-1611

New Berlin Police Department

NONEMERGENCY PHONE: (262) 782-6640

New Berlin Senior Club

MAIN PHONE: (262) 785-2725

New Berlin Public Library

MAIN PHONE: (262) 785-4980

Pet License

MAIN PHONE: (262) 797-2448, Mon - Fri, 8 am to 4:30 pm, New Berlin City Hall: 3805 S. Casper Drive, New Berlin, WI 53151



WHAT'S COOKING

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan. With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside. Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes. Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan. Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high. Give one a try!

SEPTEMBER IN WI: A SEASON OF CHANGE AND CELEBRATION

September brings many of Wisconsin's favorite traditions as summer transitions into fall. Cooler temperatures, colorful foliage, apple harvests, and community festivals make this a special time of year. Orchards welcome visitors, pumpkin patches prepare for the season, and early fall colors begin appearing across the state.

Local communities celebrate with farmers markets, craft fairs, Oktoberfest events, and harvest festivals. Whether you enjoy visiting an apple orchard, taking a scenic drive, or sipping warm apple cider, September offers countless ways to enjoy the season.

The month also includes several important observances. Labor Day honors the contributions of American workers and marks the unofficial end of summer. Beginning September 15, Hispanic Heritage Month celebrates the histories, cultures, and contributions of Hispanic and Latino Americans through October 15.

Patriot Day on September 11 honors those who lost their lives and the heroes who responded during the events of September 11, 2001. Constitution Day and Citizenship Day on September 17 commemorate the signing of the

U.S. Constitution and recognize the rights and responsibilities of citizenship.

September is also National Suicide Prevention Month, reminding us to prioritize mental and emotional well-being, support one another, and encourage open conversations about mental health.

As autumn officially begins, September invites us to slow down and enjoy the season's simple pleasures. From local festivals and community gatherings to Wisconsin's natural beauty, it is a wonderful time to connect, reflect, and celebrate. Wishing everyone a happy, healthy, and colorful September!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

September by the Numbers

3. Minimum servings of whole grains recommended daily. September is Whole Grains Month.
70 million. Approximate number of grandparents in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.
39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.

Brainteaser

Q. Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winner is Alice B.!

